

WORLD ULTR'ATHLETICS

Miramas Stadium Métropole

25-26-27 March 2022

MAIN EVENTS



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IAUM
INDOOR WORLD
CHAMPIONSHIPS



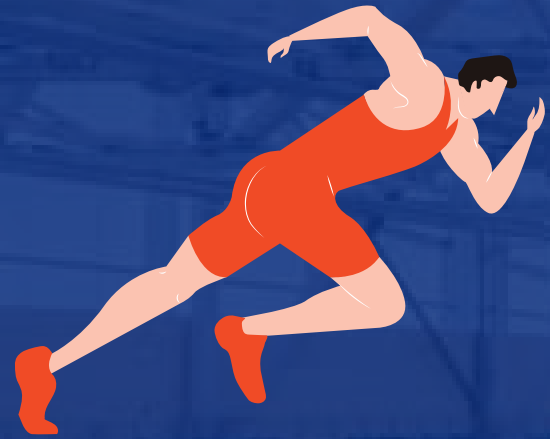
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INDOOR

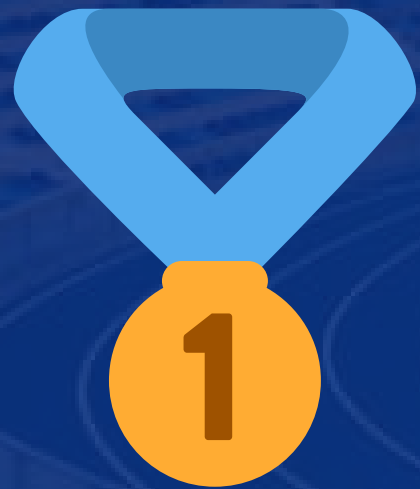
WORLD



TÉTRADÉCATHLON



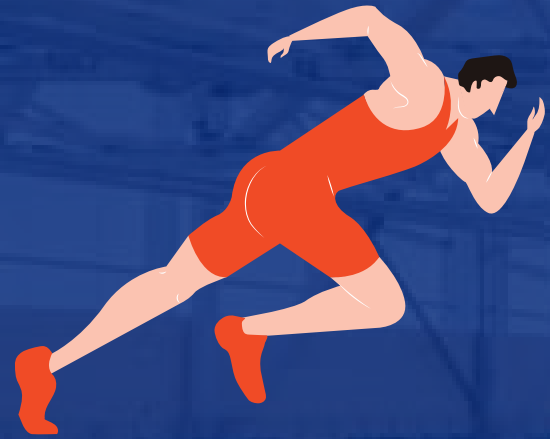
- 14 events over 2 days
- 4 jumps / 2 throws / 8 runs



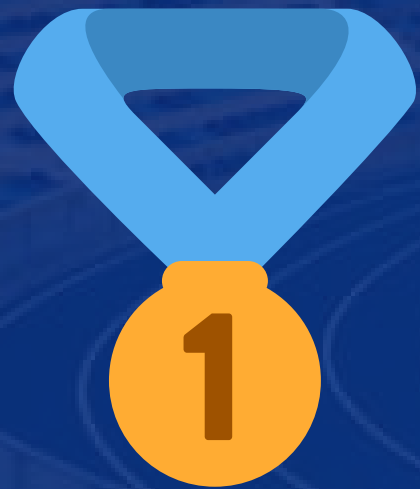
- Individual Ranking
- World and French podiums by age category
- 1 "Best Performance trophy" for each event

Inscription Pack : medal for the finishers / 2 complete meals (Saturday night / Sunday Night)
and the official t-shirt of the competition

400m HURDLES INDOOR



- 25 women / 25 men
- Time Standards



- World Champion Men and Women

SIDE EVENTS

Handisport Triathlon
(60m / Long jump / Shot Put)
(Open)

Shot Put Regional Meeting
(open)



Shot Put National Meeting
(by invitation)

INFORMATIONS AND REGISTRATION



- <https://icosathlon.fr/competitions/>
- **07.62.54.64.59**
- **contact@icosathlon.fr**